

MAY 2026 PRESCHOOL MENU

				1.05.2026 Labor Day					
4.05.2026		5.05.2026		6.05.2026		7.05.2026		8.05.2026	
BREAKFAST	CAL	BREAKFAST	CAL	BREAKFAST	CAL	BREAKFAST	CAL	BREAKFAST	CAL
LIGHT CREAM CHEESE	198	FETA CHEESE	50	CHEDDAR CHEESE	65	FETA CHEESE	50	CREAM CHEESE	39
HARD BOILED EGG	78	SIMIT	125	PANCAKE	200	OMELETTE	90	CREPE	200
HONEY	64	TAHINI & MOLASSES	64	HONEY	64	TAHINI & MOLASSES	64	OLIVES	45
CARROT	30	APPLE	30	ORANGE	30	CARROT	30	CUCUMBER	15
PEPPERS	30	CUCUMBER	15	PEPPERS	30	APPLE	30	PEPPERS	30
ORANGE TEA	20	LEMONADE	60	MILK	90	LINDEN TEA	10	ROSEHIP TEA	20
LUNCH	CAL	LUNCH	CAL	LUNCH	CAL	LUNCH	CAL	LUNCH	CAL
TARHANA SOUP	151	VEGETABLE SOUP	85	VERMICELLI SOUP W/TOMATO	116	MUSHROOM SOUP	139	LENTIL SOUP	140
MANTI/YOGURT/SAUCE	400	WHITE BEANS W/BEEF	250	HASANPASHA MEATBALL	304	POTATOES W/MINCED MEAT	236	BEEF DONER/BAKED POTATOES	450
VEGETABLES	94	RICE PILAF	160	PASTA	160	BULGUR PILAF	160	RICE PILAF	160
FRUIT	60/100	AYRAN	70	FRUIT	60/100	FRUIT	60/100	AYRAN/ICE CREAM	70/100
GREEN LENTIL SALAD	138	BAKED VEGETABLE PATTIES	145	BULGUR SALAD	122	STEWED PEPPER W/STRAINED YOGURT	120	COLESLAW SALAD	87
GREEN SALAD	30	LETTUCE SALAD	30	MEDITERRANEAN SALAD W/FETA CHEESE	120	LETTUCE SALAD	30	GREEN SALAD	30
CARROT SALAD	30	PICKLES	30	CARROT SALAD	30	RED CABBAGE SALAD	30	CARROT SALAD	30
YOGURT	100	YOGURT	100	YOGURT/CACIK	100/70	YOGURT	100	YOGURT	100
MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL
MARGARITA PIZZA	210	LEMON CUPCAKE	160	PASTRY	220	MINI PIZZA	220	FRUIT	60/100
AYRAN	70	MILK	90	AYRAN	70	AYRAN	70	MILK	90
11.05.2026		12.05.2026		13.05.2026		14.05.2026		15.05.2026	
BREAKFAST	CAL	BREAKFAST	CAL	BREAKFAST	CAL	BREAKFAST	CAL	BREAKFAST	CAL
LIGHT CREAM CHEESE	198	CHEDDAR CHEESE	65	CREAM CHEESE	65	FETA CHEESE	50	CHEDDAR CHEESE	65
OMELETTE	90	PANCAKE	200	SIMIT	125	CREPE	200	HARD BOILED EGG	78
TAHINI & MOLASSES	64	HONEY	64	OLIVES	45	HONEY	64	OLIVES	45
ORANGE	30	PEPPERS	30	CARROT	15	ORANGE	30	CUCUMBER	15
APPLE	30	CUCUMBER	15	APPLE	30	PEPPERS	30	APPLE	30
MILK	90	LEMONADE	60	ORANGE TEA	20	LINDEN TEA	10	ROSEHIP TEA	20
LUNCH	CAL	LUNCH	CAL	LUNCH	CAL	LUNCH	CAL	LUNCH	CAL
EZOGLIN SOUP	105	YOGURT SOUP	140	LENTIL SOUP	140	WEDDING SOUP	139	TOMATO SOUP	110
GRILLED MEATBALL/BAKED POTATOES	400	CHICKPEAS W/MINCED MEAT	260	LASAGNA W/MINCED MEAT	494	PEAS W/MINCED MEAT	201	ENKA BURGER /PICKLE/ TOM./ONION/ BAKED POTATOES	450
PASTA W/ BASIL SAUCE	200	RICE PILAF	160	VEGETABLES	94	RICE PILAF	160	AYRAN/ICE CREAM	70/100
AYRAN	70	FRUIT	60/100	AYRAN	70	FRUIT	60/100	AYRAN/ICE CREAM	70/100
TOMATO SALAD	70	PASTA SALAD	150	PURSLANE SALAD W/WHEAT	100	BULGUR SALAD	122	STEWED PEPPER W/STRAINED YOGURT	120
LETTUCE SALAD	30	GREEN SALAD	30	LETTUCE SALAD	30	GREEN SALAD	30	LETTUCE SALAD	30
CARROT SALAD	30	PICKLES	30	CARROT SALAD	30	RED CABBAGE SALAD	30	CARROT SALAD	30
YOGURT	100	YOGURT	100	YOGURT	100	YOGURT/CACIK	100/70	YOGURT	100
MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL
PASTRY	220	MARGARITA PIZZA	210	FRUIT	60/100	LEMON CUPCAKE	160	MINI PIZZA	220
FRUIT	60/100	AYRAN	70	MILK	90	MILK	90	FRUIT	60/100
18.05.2026		19.05.2026		20.05.2026		21.05.2026		22.05.2026	
BREAKFAST	CAL	May 19 Commemoration of Atatürk, Youth and Sports Day		BREAKFAST	CAL	BREAKFAST	CAL	BREAKFAST	CAL
LIGHT CREAM CHEESE	198			CREAM CHEESE	65	FETA CHEESE	50	CHEDDAR CHEESE	65
OMELETTE	90			SIMIT	125	CREPE	200	HARD BOILED EGG	78
TAHINI & MOLASSES	64			OLIVES	45	HONEY	64	OLIVES	45
ORANGE	30			CARROT	15	ORANGE	30	CUCUMBER	15
APPLE	30			APPLE	30	PEPPERS	30	APPLE	30
MILK	90			ORANGE TEA	20	LINDEN TEA	10	ROSEHIP TEA	20
LUNCH	CAL			LUNCH	CAL	LUNCH	CAL	LUNCH	CAL
MUSHROOM SOUP	139			VEGETABLE SOUP	85	TOMATO SOUP	110	EZOGLIN SOUP	105
BOSNIAN MANTI/YOGURT/SAUCE	400			URFA KEBAB/LAVASH	335	STUFFED PEPPERS W/MINCED MEAT	240	BEEF DONER/BAKED POTATOES	450
GREEN BEANS	94	BAKED POTATOES	121	CHEESE PASTRY	344	RICE PILAF W/VERMICELLI	170		
FRUIT	60/100	AYRAN	70	FRUIT	60/100	AYRAN/ICE CREAM	70/100		
STEWED CARROTS W/RAISINS	120	EGGPLANT SALAD	80	STEWED MUSHROOMS	122	BULGUR SALAD	122		
LETTUCE SALAD	30	LETTUCE SALAD	30	GREEN SALAD	30	LETTUCE SALAD	30		
RED CABBAGE SALAD	30	TOMATO SALAD	30	RED CABBAGE SALAD	30	TOMATO SALAD	30		
YOGURT	100	YOGURT	100	YOGURT/DRIED CACIK	100/70	YOGURT	100		
MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL	MID-AFTERNOON	CAL		
PASTRY	220	FRUIT	60/100	LEMON CUPCAKE	160	MARGARITA PIZZA	210		
AYRAN	70	MILK	90	MILK	90	FRUIT	60/100		
25.05.2026		26.05.2026		27.05.2026		28.05.2026		29.05.2026	
BREAKFAST	CAL	BREAKFAST	CAL	Holiday		Holiday		Holiday	
CREAM CHEESE	65	FETA CHEESE	50						
HARD BOILED EGG	78	CREPE	200						
TAHINI & MOLASSES	64	HONEY	64						
CUCUMBER	15	PEPPERS	30						
APPLE	30	CARROT	15						
LINDEN TEA	10	LEMONADE	60						
LUNCH	CAL	LUNCH	CAL						
TOMATO SOUP W/CHEESE	120	EZOGLIN SOUP	105						
IZMIR MEATBALL	250	TAS KEBAB	240						
PASTA	160	RICE PILAF W/VERMICELLI	170						
FRUIT	60/100	FRUIT	60/100						
STEWED ZUCCHINI	116	CHICKPEA & BEET SALAD	163						
GREEN SALAD	30	LETTUCE SALAD	30						
RED CABBAGE SALAD	30	CARROT SALAD	30						
YOGURT	100	YOGURT/CACIK	100/70						
MID-AFTERNOON	CAL	MID-AFTERNOON	CAL						
SIMIT	200	MARGARITA PIZZA	210						
AYRAN	70	FRUIT	60/100						