

SEPTEMBER 2026 PRESCHOOL MENU

14.09.2026 Monday BREAKFAST CAL LIGHT CREAM CHEESE 198 PANCAKE 200 HONEY 64 CARROT 30 PEPPERS 30 MILK 90 LUNCH CAL LENTIL SOUP 140 BEEF RIB/MASHED POTATOES 440 BULGUR PILAF 160 AYRAN 70 STEWED EGGPLANT 120 GREEN SALAD 30 CARROT SALAD 30 YOGURT 100 MID-AFTERNOON CAL SAVORY COOKIES 220 AYRAN 70	15.09.2026 Tuesday BREAKFAST CAL CHEDDAR CHEESE 65 BOILED EGG 78 TAHINI & MOLASSES 64 PEPPERS 30 CUCUMBER 15 LEMONADE 60 LUNCH CAL YOGURT SOUP 140 WHITE BEANS W/BEEF 250 RICE PILAF 160 FRUIT 60/100 STEWED ZUCCHINI 116 LETTUCE SALAD W/OLIVES 50 PICKLES 30 YOGURT 100 MID-AFTERNOON CAL CACAO CAKE 200 FRUIT 60/100	16.09.2026 Wednesday BREAKFAST CAL FETA CHEESE 50 OMELETTE 90 OLIVES 45 TOMATO 30 CUCUMBER 15 APPLE TEA 20 LUNCH CAL TOMATO SOUP W/CHEDDAR 140 URFA KEBAB/LAVASH 335 POTATOES 121 AYRAN 70 TOMATO SALAD 70 SEASONAL SALAD W/FETA 120 RED CABBAGE SALAD 30 YOGURT 100 MID-AFTERNOON CAL OLIVE ACMA 200 FRUIT 60/100	17.09.2026 Thursday BREAKFAST CAL CHEDDAR CHEESE 65 SIMIT 125 HONEY 64 CARROT 30 PEPPERS 30 ORANGE TEA 20 LUNCH CAL EZOGLIN SOUP 105 SPINACH 85 PASTA AND BOLOGNESE SAUCE 200 FRUIT 60/100 STEWED GREEN BEANS 100 LETTUCE SALAD W/APPLES 60 CARROT SALAD 30 YOGURT/CACIK 100/70 MID-AFTERNOON CAL MARGARITA PIZZA 210 AYRAN 70	18.09.2026 Friday BREAKFAST CAL CREAM CHEESE 39 CREPE 200 OLIVES 45 TOMATO 15 APPLE 30 LINDEN TEA 10 LUNCH CAL VEGETABLE SOUP 85 ENKA BURGER /PICKLE/ TOM./ONION/ BAKED POTATOES 450 AYRAN/ICE CREAM 70/100 AMERICAN SALAD 105 GREEN SALAD 30 TOMATO SALAD 30 YOGURT 100 MID-AFTERNOON CAL ORANGE COOKIES 220 MILK 90
21.09.2026 Monday BREAKFAST CAL LIGHT CREAM CHEESE 198 SIMIT 125 HONEY 64 CARROT 30 PEPPERS 30 ORANGE TEA 20 LUNCH CAL TARHANA SOUP 151 GRILLED MEATBALLS/BAKED POTATOES 400 BULGUR PILAF 160 AYRAN 70 STEWED ZUCCHINI 120 GREEN SALAD 30 CARROT SALAD 30 YOGURT/CACIK 100/70 MID-AFTERNOON CAL OLIVE ACMA 200 MILK 90	22.09.2026 Tuesday BREAKFAST CAL FETA CHEESE 50 OMELETTE 90 TAHINI & MOLASSES 64 APPLE 30 CUCUMBET 15 LEMONADE 60 LUNCH CAL WEDDING SOUP 160 GREEN BEANS W/MINCED MEAT 165 PASTA W/ TOMATO SAUCE 200 FRUIT 60/100 GREEN LENTIL SALAD 150 LETTUCE & ROCKET SALAD 30 RED CABBAGE SALAD 30 YOGURT 100 MID-AFTERNOON CAL CACAO CAKE 160 FRUIT 60/100	23.09.2026 Wednesday BREAKFAST CAL CHEDDAR CHEESE 65 PANCAKE 200 HONEY 64 ORANGE 30 PEPPERS 30 MILK 90 LUNCH CAL MUSHROOM SOUP 139 TURKEY W/MASHED POTATOES 278 RICE PILAF 160 FRUIT 60/100 BAKED VEGETABLE PATTIES 145 GREEN SALAD 30 CARROT SALAD 30 YOGURT/CACIK 100/70 MID-AFTERNOON CAL MARGARITA PIZZA 210 FRUIT 60/100	24.09.2026 Thursday BREAKFAST CAL FETA CHEESE 50 BOILED EGG 78 TAHINI & MOLASSES 64 CARROT 30 APPLE 30 LINDEN TEA 10 LUNCH CAL TOMATO SOUP W/CHEDDAR 120 CHICKPEAS W/BEEF 260 BULGUR PILAF 160 AYRAN 70 PASTA SALAD W/YOGURT 150 MEDITERRANEAN SALAD W/TUNA 140 PICKLES 30 YOGURT 100 MID-AFTERNOON CAL PASTRY 200 MILK 90	25.09.2026 Friday BREAKFAST CAL CREAM CHEESE 39 CREPE 200 OLIVES 45 CUCUMBER 15 PEPPERS 30 ROSEHIP TEA 20 LUNCH CAL LENTIL SOUP 140 BEEF DONER/BAKED POTATOES 450 RICE PILAF 160 AYRAN/ICE CREAM 70/100 STEWED PEPPERS W/YOGURT 120 LETTUCE SALAD 30 CARROT SALAD 30 YOGURT 100 MID-AFTERNOON CAL COOKIES 220 MILK 90
28.09.2026 Monday BREAKFAST CAL LIGHT CREAM CHEESE 198 OMELETTE 90 TAHINI & MOLASSES 64 TOMATO 30 CUCUMBER 15 LINDEN TEA 10 LUNCH CAL EZOGLIN SOUP 105 BOSNIANMANTI/YOGURT/SAUCE 400 GREEN BEANS 94 FRUIT 60/100 STEWED VEGETABLES W/SAUCE 150 MEDITERRANEAN SALAD W/APPLE 60 CARROT SALAD 30 YOGURT 100 MID-AFTERNOON CAL RAISIN COOKIES 220 MILK 90	29.09.2026 Tuesday BREAKFAST CAL CHEDDAR CHEESE 65 PANCAKE 200 HONEY 64 PEPPERS 30 APPLE 30 LEMONADE 60 LUNCH CAL YOGURT SOUP 140 PEAS W/MINCED MEAT 260 RICE PILAF 160 FRUIT 60/100 BULGUR PATTIES 156 GREEN SALAD 30 PICKLES 30 YOGURT 100 MID-AFTERNOON CAL LEMON MUFFIN 220 FRUIT 60/100	30.09.2026 Wednesday BREAKFAST CAL CREAM CHEESE 65 SIMIT 125 OLIVES 45 CARROT 15 TOMATO 30 MILK 90 LUNCH CAL TARHANA SOUP 151 LASAGNA W/MINCED MEAT 494 VEGETABLES 94 FRUIT 60/100 PURSLANE W/YOGURT 120 LETTUCE SALAD 30 TOMATO SALAD 30 YOGURT 100 MID-AFTERNOON CAL PASTRY 200 FRUIT 60/100		

