

OCTOBER 2026 GENERAL MENU

			1.10.2026 Thursday LUNCH CAL TOMATO SOUP100 WHITE BEANS W/BEEF250 RICE PILAF160 AYRAN70 STEWED ZUCCHINI116 MEDITERRANEAN SALAD W/TUNA140 PICKLES30 YOGURT100	2.10.2026 Friday LUNCH CAL LENTIL SOUP140 BEEF RIB/MASHED POTATOES440 BULGUR PILAF160 AYRAN/ICE CREAM70/100 STEWED WHITE CABBAGE W/RAISIN115 LETTUCE SALAD30 CARROT W/RED CABBAGE30 YOGURT100	3.10.2026 Saturday LUNCH CAL TARHANA SOUP151 GRILLED MEATBALLS/POTATOES340 TOMATO PASTE PASTA200 FRUIT60/100 AMERICAN SALAD105 GREEN SALAD30 CARROT SALAD30 YOGURT100
5.10.2026 Monday LUNCH CAL EZOGLIN SOUP105 BOSNIAN MANTI/YOGURT/SAUCE400 VEGETABLES94 FRUIT60/100 STEWED MIXED VEGETABLES W/SAUCE120 GREEN SALAD30 CARROT SALAD30 YOGURT100	6.10.2026 Tuesday LUNCH CAL YOGURT SOUP140 CHICKPEAS W/MINCED MEAT260 RICE PILAF W/VERMICELLI160 HOMEMADE MOSAIC CAKE331 STEWED CARROT120 LETTUCE SALAD30 PICKLES30 YOGURT100	7.10.2026 Wednesday LUNCH CAL TARHANA SOUP151 BAKED KEBAB W/VEGETABLE335 COUSCOUS160 FRUIT60/100 HAYDARI105 SEASONAL SALAD30 RED CABBAGE SALAD30 YOGURT100	8.10.2026 Thursday LUNCH CAL BROCCOLI SOUP85 POTATOES W/MINCED MEAT236 PASTA W/TOMATO SAUCE200 AYRAN70 STEWED SPINACH100 MEDITERRANEAN SALAD W/FETA CHEESE120 CARROT SALAD30 YOGURT100	9.10.2026 Friday LUNCH CAL LENTIL SOUP140 BEEF DONER/BAKED POTATOES450 RICE PILAF160 AYRAN/ICE CREAM70/100 AMERICAN SALAD105 LETTUCE SALAD30 RED CABBAGE SALAD30 YOGURT70	10.10.2026 Saturday LUNCH CAL YOGURT SOUP140 MEATBALL W/MASHED POTATOES300 PASTA160 FRUIT60/100 STEWED EGGPLANT150 GREEN SALAD30 RED CABBAGE SALAD30 YOGURT100
12.10.2026 Monday LUNCH CAL TOMATO SOUP W/CHEDDAR120 URFA KEBAB/LAVASH335 POTATOES121 AYRAN70 TOMATO SALAD70 LETTUCE SALAD30 CARROT SALAD30 YOGURT100	13.10.2026 Tuesday LUNCH CAL CHICKEN BROTH SOUP W/VERMICELLI140 GREEN LENTIL200 MINCED MEAT PASTRY350 SOUPE ANGLAIS245 STEWED BEET SALAD125 GREEN SALAD30 MEDITERRANEAN SALAD W/TUNA140 YOGURT/CACIK100/70	14.10.2026 Wednesday LUNCH CAL BROCCOLI SOUP85 HASANPASHA MEATBALL304 RICE PILAF160 AYRAN70 STEWED WHITE CABBAGE W/RAISIN115 SEASONAL SALAD30 RED CABBAGE SALAD30 YOGURT100	15.10.2026 Thursday LUNCH CAL TARHANA SOUP151 GREEN BEANS W/MINCED MEAT165 PASTA W/CHEESE200 FRUIT60/100 BULGUR SALAD160 LETTUCE SALAD30 RADISH SALAD W/APPLE45 YOGURT100	16.10.2026 Friday LUNCH CAL YOGURT SOUP140 BEEF FAJITA/LAVASH350 BABY POTATOES120 AYRAN/ICE CREAM70/100 LENTIL PATTIES190 LETTUCE SALAD30 RED CABBAGE SALAD30 YOGURT100	17.10.2026 Saturday LUNCH CAL EZOGLIN SOUP95 SEASONAL VEGETABLES W/BEEF241 RICE PILAF W/VERMICELLI160 SEKERPARE408 BREADED CAULIFLOWER200 GREEN SALAD30 CARROT SALAD30 YOGURT100
19.10.2026 Monday LUNCH CAL EZOGLIN SOUP95 BOSNIAN MANTI/YOGURT/SAUCE400 GREEN BEANS94 FRUIT60/100 STEWED MUSHROOMS122 LETTUCE SALAD W/ROCKET30 CARROT SALAD30 YOGURT100	20.10.2026 Tuesday LUNCH CAL YOGURT SOUP140 SPINACH85 PASTA W/BOLOGNAISE SAUCE200 FRUIT60/100 LENTIL PATTIES190 GREEN SALAD30 OLIVE SALAD80 YOGURT100	21.10.2026 Wednesday LUNCH CAL SPECIAL DAY	22.10.2026 Thursday LUNCH CAL VEGETABLE SOUP72 WHITE BEANS W/BEEF250 RICE PILAF W/VERMICELLI160 CAKE W/COOKIES350 HAYDARI105 MEDITERRANEAN SALAD W/TUNA140 RED CABBAGE SALAD30 YOGURT100	23.10.2026 Friday LUNCH CAL MUSHROOM SOUP139 BEEF DONER/BAKED POTATOES450 RICE PILAF160 AYRAN/ICE CREAM70/100 BULGUR PATTIES181 LETTUCE SALAD30 CARROT SALAD30 YOGURT70	24.10.2026 Saturday LUNCH CAL LENTIL SOUP140 SWEET SOUR CHICKEN370 VEGETABLE NOODLES276 AYRAN70 STEWED GREEN BEANS105 GREEN SALAD30 RED CABBAGE SALAD30 YOGURT100
26.10.2026 Monday LUNCH CAL ZUCCHINI SOUP72 GRILLED MEATBALL/POTATOES340 BULGUR PILAF160 FRUIT60/100 STEWED LEEKS100 GREEN SALAD30 CARROT SALAD30 YOGURT100	27.10.2026 Tuesday LUNCH CAL WEDDING SOUP123 PEAS W/MINCED MEAT260 PASTA W/ BASIL SAUCE200 CACAO CAKE380 LENTIL PATTIES95 LETUCE SALAD30 PICKLES30 YOGURT/CACIK100/70	28.10.2026 Wednesday LUNCH CAL YOGURT SOUP140 IZMIR MEATBALLS260 PASTA160 AYRAN70 STEWED CARROTS W/STRAINED YOGURT120 GREEN SALAD30 RED CABBAGE SALAD30 YOGURT100	29.10.2026 Thursday LUNCH CAL OCTOBER 29 REPUBLIC DAY	30.10.2026 Friday LUNCH CAL LENTIL SOUP140 ENKA BURGER/ONION/ BAKED POTATOES450 AYRAN/ICE CREAM70/100 COLESLAW SALAD95 LETTUCE SALAD30 CARROT SALAD30 YOGURT100	31.10.2026 Saturday LUNCH CAL TOMATO SOUP120 KEBAB W/MASHED POTATOES275 RICE PILAF W/VERMICELLI160 FRUIT60/100 STEWED BEET W/STRAINED YOGURT134 GREEN SALAD30 RED CABBAGE SALAD30 YOGURT100